All meals are served with milk. All breads are whole wheat.

Fall/Winter Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	Mac and Cheese	Beef Tacos	Grilled Cheese	BBQ Meatballs	Butter Noodles w/ Ham
	Baked Beans	Corn	Tomato Soup	Broccoli	Peas
Week 1	Tropical Fruit	Mandarin Oranges	Applesauce	Pineapples	Peaches
	A.M. Cereal	A.M. Rice Cakes	A.M. Bagel, Cr. Cheese	A.M. Waffles	A.M. Biscuits, Jelly
	P.M. Graham Crackers, PB	P.M. Apples, Dip	P.M. Pretzels, Bananas	P.M. Chex Mix	P.M. Animal Crackers
	Chicken Nuggets	Baked Ziti	Chicken and Dumplings	Cheeseburger	Beef and Bean Chilli
	Mixed Vegetables	Broccoli	Carrots	Green Beans	Peas
Week 2	Cooked Apples	Mixed Fruit	Bananas	Applesauce	Tropical Fruit
	A.M. Cinnamon Oatmeal	A.M. English Muffin, AB	A.M. Eggs, Toast	A.M. Yogurt, Fruit	A.M. Pancakes
	P.M. Cheese Its	P.M. Chips, Salsa	P.M. Crackers, Cheese	P.M. Vegetables, Ranch	P.M. Veggie Straws
	Vegetable Soup	Salsa Chicken	Cheese Ravioli	Sloppy Joes	Pizza
	Cheese Toast	Corn	Broccoli	Mixed Vegetables	Peas
Week 3	Pears	Pineapples	Mandarin Oranges	Mixed Fruit	Cooked Apples
	A.M. Cereal	A.M. Muffins	A.M. Rice Cakes	A.M. French Toast Sticks	A.M. Eggs, Toast
	P.M. Goldfish	P.M. Chex Mix	P.M. Ranch Crackers	P.M. Apples, Dip	P.M. Crackers, Cheese
	Popcorn Chicken	Corndog Nuggets	Cheesy Chicken and Rice	Spaghetti	Chicken Sandwich
	Green Beans	Carrots	Corn	Broccoli	Baked Beans
Week 4	Pineapples	Peaches	Bananas	Tropical Fruit	Pears
	A.M. Applesauce, Gr. Cracker	A.M. Cinnamon Oatmeal	A.M. English Muffins, AB	A.M. Cereal	A.M. Pancakes
	P.M. Crackers, Hummus	P.M. Chips, Salsa	P.M. Animal Crackers	P.M. Soft Pretzels	P.M. Veggie Straws
	BBQ Chicken	Cheese Quesedilla	Potato Soup	Fish Sticks	Chicken Alfredo
	Mashed Potatoes	Corn	Broccoli	Mixed Vegetables	Peas
Week 5	Cooked Apples	Mixed Fruit	Applesauce	Peaches	Mandarin Oranges
	A.M. Yogurt, Fruit	A.M. Biscuit, Jelly	A.M. Waffles	A.M. Bagels, Cr. Cheese	A.M. Muffins
	P.M. Goldfish	P.M. Chex Mix	P.M. Pretzels, Oranges	P.M. Trail Mix	P.M. Fruit